BAR HILL NEWS

Brought to you by the Bar Hill Community Association
June 2023 Issue 646



THE 60S ARE BACK!

BAR HILL VILLAGE FÊTE & FESTIVAL IS COMING ON SATURDAY 8TH JULY!

If you'd like to purchase a programme please email **feteandfestival@barhill-ca.org**

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June 2023 Service Timetable

Every Monday, 10- 12 (unless otherwise listed) in the Octagon (opposite Maple Surgery)
The Hub is for villagers of all ages as a place to gather & enjoy community!

05-JUNE	Coffee Stop, Foodbank, Citizen's Advice & Meet a Parish Councillor	Health & Wellbeing 10:15 -10:45
12-JUNE		Carers Café 10-11:30
19-JUNE		Health & Wellbeing 10:15 -10:45
26-JUNE		Language Teaching

WHAT: Are you worried about energy costs, keeping warm, comfortably working from home? The Hub is extending its services to provide a comfortable, warm space to all those who need it. Come along and join us; we look forward to seeing you.

Coffee Stop: Pop in for a coffee, a piece of cake and a chat with friends, old and new!

Food bank: If you are struggling financially, drop by and let us help you

Citizens Advice: we have 9am and 10am appointments, please either email: **barhilladvice@gmail.com** or, send a PM: Kevin Potts using Facebook Messenger or, phone: and leave your details **0800 088 6522**

Health & Wellbeing: On the 1st and 3rd Monday of the month, take advantage of some exercise guidance from our experienced coach and visiting speakers

Carers Café: On the 2nd Monday of the month, by Maple Surgery, who will be providing support for any carers in the village, even if you are not a patient of Maple Surgery

Meet a Parish Councillor: you can meet one of our Parish Councillors to discuss any issues within our village, between 10am and 12pm within the Coffee Stop.

Language Training: Starting on Monday 26 June, by prior registration only. Contact: **0800 088 6522** or email: **barhilladvice@gmail.com**

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BHN Editor	Andy Pellew
Features Editors	Liz Dams, and Bridget Wilson
Trustees	
Bunty Waters	Jo Hall
Anthony Mitchell	Kate Da Costa
Barry Dean	

If you'd like to contact the BHCA then you can either write to us **c/o Bar Hill Parish Council Offices, Hanover Close, Bar Hill. CB23 8EH**, email **chair-of-trustees@barhill-ca.org**, or call **07814 871752**.

We meet monthly on the second Tuesday at 7:30 pm in the Social Club. If you'd like an agenda please get in touch!

Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion.

All items should be submitted to **bhn-editor@barhill-ca.org**

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LETTERS, NOTICES & ANNOUNCEMENTS TO THE EDITOR

Please send your letters & notices to **bhn-editor@barhill-ca.org**. Thank you!



Ever considered volunteering? Do you have 3 hours to spare once a week?

At Cambridge University Hospital (Addenbrooke's and the Rosie) volunteering is a long established part of hospital life. With a variety of different roles there is bound to be something that suits you.

During the COVID pandemic volunteers were suspended at the hospital and sadly our volunteer force diminished. Your help and support through volunteering is so important to us and we are very keen to rebuild our volunteer numbers so why not get in touch with us today to find out more

Some of the many benefits of becoming a volunteer with us include:

- A great way to meet people
- An opportunity to help those in need without requiring any specific skills
- Ongoing support through mentoring, training, newsletters and social functions
- A great way to keep active (we have roles to suit many levels of fitness)
- Use of the on- site sports and leisure centre at staff rates (including large swimming pool) and other benefits.

Find out more information on our website **www.volunteering.cuh.org.uk/** or give us a call on **01223 586 616**.

We would love to hear from you.

8 o'clock club

The next meeting of the club will be a garden party for members only at 152 Hillcrest starting at 7pm. If members would like to attend, tickets are on sale at £5. If you require a lift, please contact Barbara **204171**, Adela **204265** or Ann **204687**.

FOR SALE: Phillips mini hi-fi system with speakers. almost new condition. £30ono. contact mobile no **07591 299870**

Dear Residents

5-11 June is Carers Week in the UK and, having been a full-time carer for my husband for many years, I am aware how necessary it is for carers to have good support.

Three years ago I joined Maple Surgery's Patient Participation Group in order to represent the interests of carers. So I am very supportive of the Carers Cafe they run on the 2nd Monday of each month 10-11.30am at the Community Hub in the Octagon. It is for anyone in the village who provides informal care (ie unpaid) for a family member or close friend, including carers who are patients at a different practice. The level of care provided may be in the early stages or more advanced.

A regular group of carers now meet each month, providing mutual support and encouragement, aided by Pekka, the surgery's Social Prescriber. He is also able to help with referrals and completing forms for benefits etc. Sometimes there is a visiting speaker providing input on a relevant topic. In recent months the group has discussed coping with stress, help available if the carer becomes ill and choosing a Nursing Home for respite or longterm care.

We are keen to reach out to more carers in the village, so if you are an informal carer please do come along. Also please mention the group to friends who you know provide care for a loved one.

Thank you,

Pam Vendy

The deadline for submissions is the second Thursday of the Month. Please send your article to **bhn-editor@barhillca.org** (PDF, Word, Pages, etc)

Sunday
25th June 2023

OVER DAY CENTRE
BIKE RIDES



Join us for one of the bike rides and after-rides social with live music, food & drink at the Over Community Centre in support of the Over Day Centre, a charity providing professional care and friendship for older members of the community around South Cambridgeshire.

There's a choice of five rides, so there's something for everyone: Marked 100 km 'challenge'; marked 50 km 'have a go'; 12 km, 13 km or 23 km for family & casual riders. Start points at Over and Northstowe.

For details and to register, please view :

www.overdaycentre.co.uk/bike-rides
or call the Day Centre
01954 231807

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Yoga For Seniors

Join yoga summer school for seniors: 3 times a week during the period July 17th /August 11th at the Bar Hill Church Main Hall.

Send an email to Sofija at sofijapq@gmail.com for more details and registration



Helping Hedgehogs in June

A hedgehogs gestation period is between 30 to 40 days. The female gives birth to an average of six or seven hoglets. While the babies are too young to leave the nest, the mother will go out foraging for food before returning to feed them.

We can help by putting cat/ dog food out and fresh water each night. It is important to ensure hedgehogs are able to forage freely. Creating holes in fences is a good way to interlink gardens.

For help and advice contact Liz Dams - **07912 988897** or Shepreth Hedgehog Hospital - **07947 361187**



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Bar Hill Church Knit & Natter

We continue to meet regularly in The Octagon on a Thursday afternoon from 1.15 until 3.00 pm. All are welcome.

As a well established friendly group we enjoy knitting and are all very good at "nattering".

Our aim has always been to welcome and encourage people to join and meet old friends and make new ones. The aim of the group is to encourage people to use their knitting skills to make things that other people need anywhere there is a need. We have made vast quantities of baby clothes, scarves and hats for children and adults wherever the need arises in this country or others. We recently made many blankets to go in Food Bank parcels at Christmas.

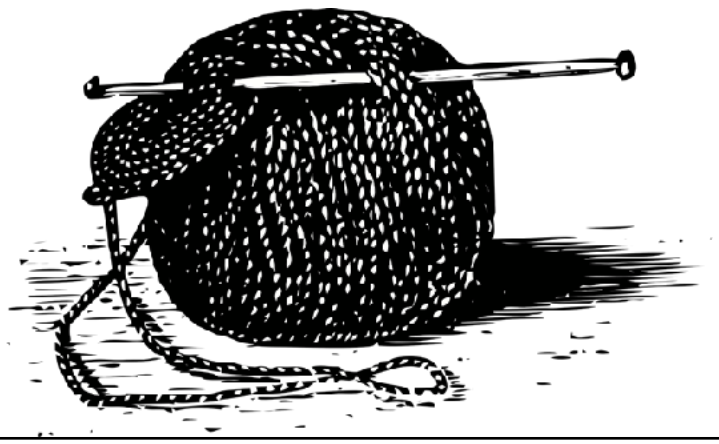


We are always grateful for donations of wool for our projects if anyone has any spare.

During our afternoon together, as well as knitting and nattering, we have a regular exercise slot when Wendy keeps us stretched and strengthened with fun exercises.(Soon after that we have tea and cakes !!)

Are you interested in joining us? Either phone me or turn up on a Thursday afternoon. Look forward to seeing some new faces as well as our lovely familiar ones. p.s. You don't have to be able to knit to join us, we are happy with nattering!

Sue Kenchington **780260**.



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MISSING



Male Black Long Haired Cat

Last seen 29/03/23 in Watermead Bar Hill

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BAR HILL DISTRICT COUNCILLOR'S REPORT

Cllr Bunty Waters - **bunty.waters@ntlworld.com**
01954 201421/ 07734 690580

Welcome if you are new to the village, meet me in the HUB on Monday mornings for a coffee, you can contact me if I can help in any way or you would like more information

DRAIN COVERS

'It's not just Bar Hill that is having the drain covers removed', so I have been told when I speak to Cambridgeshire CC to ask when the drain covers that have been stolen in the village roads will be replaced. I then receive an email saying that I should hear in 10 days, however, the holes left by the removal of the drain covers are so large that they are a considerable danger to children and animals, though I have covered them with cones, so far ok!

YOUR COUNCIL TAX – is collected by South Cambs DC on behalf of the Police, Fire Service, County Council, the Cambridgeshire & Peterborough Combined Authority & Parish Councils. However, around 9% of the annual Council Tax bill goes towards services which, for example, are provided by South Cambs – emptying bins, planning applications and homelessness support & much more. South Cambs charge one of the lowest Council Tax in the country to provide such a wide range of services to residents and business.



Please contact South Cambs if you need help with any services – **www.scambs.gov.uk**

CHANGES IN SOUTH CAMBS

Interesting items from the latest census data, which has recently been released, there has been a 9% increase in population since 2011, the number of people aged between 65 – 74 years rose by around 3,400, an increase of 26.2%, however, the number of residents aged between 20 -24 fell by around 850, a decrease of 12.5%.

SPRING CLEAN/ CLEAR OUT?

Don't forget some things can be re-used, charity shops like Emmaus, the British Heart Foundation, these can collect from your home. Or there are Repair Shops, which could simple fix items. Go to **cambridgecarbonfootprint.org/events/categories/repair-cafe** this shows some events which are taking place.

ZERO CARBON COMMUNITIES

This grant, now in its fifth year, aims to encourage exciting community projects that reduce carbon emissions and engage local people about climate change. Until the closing date of Friday June 2 community groups in the district are invited to bid for a share of £125,000. Previous projects have included cooking classes that reduce food waste, tree planting, a community e-bike rental scheme, solar panels for village halls and a men's mental health and wellbeing project that runs a mobile library for gardening equipment and tool hire. This year, groups in South Cambridgeshire can apply for between £1,000 to £15,000 from the District Council's total pot of £125,000. The process has been simplified to aid applicants. Full eligibility criteria and ideas for projects are available at **scambs.gov.uk/zerocarbongrant**

Bar Hill Church news

Services

Sun 4 June, 10:00 am	Holy Communion (Anglican) led by Revd Julie Gawthrope
Thur 8 June, 10:00 am	Midweek Communion led by Revd Wendy Wale
Sun 11 June, 10:00 am	All Together Worship led by Revd Wendy Wale and Pam Vendy
Sun 18 June, 10:00 am	Holy Communion (Methodist) led by Revd Barbara Garwood
Sun 25 June, 10:00 am	Worship for All (Café Church) led by Revd Wendy Wale, Bob and Ann Chappell

Sunday morning services can also be attended via Zoom: meeting id 882 9761 3899, password: 284740.

Children's activities

When the service includes Holy Communion the usual pattern is that children will remain in church for the first hymn and then depart with their leaders to the Octagon, where they have their own activities. Services on the first and third Sundays of the month usually include Holy Communion. For 'All Together Worship' and 'Worship for All' services, usually on the second and fourth Sundays, the service is aimed at all ages and the children remain in church.

Contacts

Church Office: Ian Farr, 01954 206120, church.office@barhillchurch.org.uk
Working hours vary but usually include Monday, Tuesday and Wednesday mornings.

Minister: Revd Wendy Wale, 07780 828865, minister@barhillchurch.org.uk
Working days are Monday, Tuesday, Thursday and Sunday

Website: https://barhillchurch.org.uk

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Rhymetime & Lego Club

All sessions are free of charge and don't need booking, just come along with your children!

- Rhymetime is every Tuesday (during term time) 2.30-3pm
- Lego Club is monthly, 2nd Wednesday of the month (term time only) 3.30-4.45pm

Bar Hill library

Bar Hill Tennis Club
NEW SEASON
www.barhilltennisclub.co.uk

Our new Club night season has now started and we welcome players of all abilities. We hope by the time that you read this we will be enjoying some long hot early summer days so why not give tennis a try this year!!

Our membership rates are very competitive and membership entitles you to play at any time.

Check out our website for details!

Just a reminder for all 2022 members that all memberships fell due for renewal on 1st April and as usual the court access code was changed from that date. 2023–24 membership details are available on our web site and you can join and pay on-line.

Membership entitles you to play at any time throughout the year until 31.3.24 as well as at our Tuesday and Thursday club nights. There is an active WhatsApp group for members to share information and find playing partners.

If you would like a "taster" your first visit to our Club nights is free and we welcome players of all abilities – why not give it a try. Tennis is an excellent way to keep fit and enjoy the summer evenings in a relaxed and friendly environment.

Courts can also be hired for private play via our website.

Our Adult Club nights are Tuesdays & Thursdays 6.30 to 9pm through to autumn and beyond if the weather is favourable. We look forward to seeing you!

CONTACT:

Paul Chubbuck (Secretary) **07983 435104**
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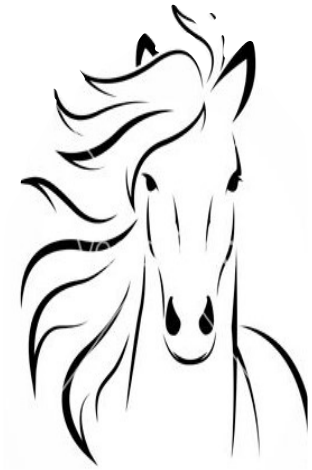
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Pretty Please BEAUTY

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£20 for Bio Sculpture nails & £5 for Bio Sculpture Soak Off.

Let me take care of your nails & make you feel special!

Message me on 07380148225 to book an appointment.



Pretty.Please.Beauty

pretty.please.barhill

HAPPY HOURS - June 2023

The Bar Hill Happy Hours club meets in the main bar area of the Bar Hill Sports and Social Club between 2 and 4pm on Friday afternoons for tea/coffee and cakes, getting together with friends, fun and games. All of this for only £2 per person. The bar is open if you want something extra.

We are looking for new members to join us, so if you are 50 or over, want to get out, see some old friends, meet some new ones and have some fun why not come along and join us.



Coming up in June:

2nd June: Italian theme

9th June: Bingo and a Quiz

16th June: Father's Day theme

23rd June: Mid-Summer -60s theme party maybe??

30th June: Bingo and a Quiz

If you give us a try your first week is free.

Anne Plumb, Tel: **01954 780364**, email: **anne@rwp10.plus.com**

Bar Hill Catholic Mass

Celebrating our love of God – Meeting with friends – Volunteering

From 7th January 2023 Mass will be held in Bar Hill Church at 6pm on Saturdays. Our services are open to all and everyone is very welcome to attend.

If you have any queries please call Bunty Waters **07734 690580** who will be happy to help.

Our local parish priest is Father Adrian Gates, from OLEM, Ditton he is also the Hospital Chaplain - he can be contacted on **07842 190882**.

We look forward to welcoming you!

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Voter ID/Voter Authority Certificate

From May 2023, voters will be required to show photo ID in polling stations before being allowed to vote.

There are no scheduled elections in South Cambridgeshire in May 2023. However, if you think you might not have the required ID to be able to vote at a polling station in the future, you may wish to apply for your free Voter ID now which you can do relatively easily on the UK Government website;

https://www.gov.uk/apply-for-photo-id-voter-authority-certificate

It's free to apply. You'll need:

- A recent, digital photo of yourself
- Your National Insurance number

You can still apply if you do not have a National Insurance number but you'll need to provide other documents to prove your identity, for example a birth certificate, bank statement and utility bill.

You can also apply by post if that's easier/ more convenient for you. Further details are on the website (yes, we understand the irony!) and will be in a future edition of the Bar Hill News.

For further information about voter ID requirement more generally and other forthcoming elements of the Elections Act 2022, please visit the Electoral Commission Website; **https://www.electoralcommission.org.uk/i-am-a/voter/voter-id**

Cuppa and cake anyone? Or perhaps a G&T!

Why not host an event for Arthur Rank Hospice Charity your way. A coffee morning, afternoon tea or even a G&T evening? It's a great excuse to get together and help ensure care is available for future patients and their loved ones in Cambridgeshire. For further information, or to request a fundraising pack, please email **cf@arhc.org.uk** or visit **arhc.org.uk**

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Bar Hill Day Nursery is based in Gladeside, Bar Hill. We are open 7.30am – 6pm, Monday to Friday, 50 weeks per year. We have spaces year-round or term-time for children aged 4 months to 4 years. Please contact the Nursery for more information or to arrange a visit. **Phone: 01954 488081 Email: info@buttercupschildcareltd.co.uk**

Bar Hill Out of School Club is based in the building next to Bar Hill Primary School. We offer Before and After School care and Holiday Club for Primary aged children. We are open 7.30am – 8.45am, 3pm – 6pm Monday to Friday and 8am – 6pm during school holidays. For more information or to make a booking please contact the Out of School Club: **Phone 01954 200814 Email: oosc@buttercupschildcareltd.co.uk**



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Arthur Rank Hospice Charity

40 years of caring

Bridge the Gap is back! Registration is now open for unique charity walk around seven University of Cambridge Colleges

Cambridge's iconic Bridge the Gap charity walk returns in person on the morning of Sunday 10 September 2023.

The specially designed three-mile route through the grounds of seven of the University of Cambridge's Colleges, raises funds for Arthur Rank Hospice Charity and Romsey Mill. Last year more than 1,500 people took part in the first in person Bridge the Gap since the pandemic, raising more than £30,000 and this year even more walkers are expected.

The two charity partners, Arthur Rank Hospice Charity and Romsey Mill, offer essential support and care to people throughout Cambridgeshire.

As well as having the chance to walk around the beautiful gardens and courtyards of seven Cambridge Colleges and see many hidden gems, there'll be musical entertainment, food and fun at Parker's Piece after the walk. For further information and to register please visit https://www.arhc.org.uk/fundraising/events-challenges/bridge-the-gap/

Hedgehog Fact

The best way to attract hedgehogs to your garden is by making sure they have lots of thick dense, undergrowth and a variety of length of grass to hide and nest in. You can also make your garden, a hotspot for slugs, snails and bugs, the hedgehogs like to eat.

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Bar Hill NWR - June 2023

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June 22nd - blue plaques - research a person with a dedicated plaque.

If you are interested in joining please contact the Local Organiser Marie-Thé on **780329** or her deputy Julie on **201502**.

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BAR HILL COUNTY COUNCILLOR'S REPORT

Cllr Edna Murphy - Edna.Murphy@cambridgeshire.gov.uk
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Cambridgeshire County Council

The state of the Bar Hill pond – and who's responsible for clearing it up?

There have been a number of concerns expressed about the state of the Bar Hill balancing pond, next to the footbridge. Issues included that there was a lot of litter and fly tipping, and even the life belt was vandalised.

The question is who is responsible for maintaining the pond and keeping it safe and tidy? I have managed to establish that National Highways (NH) has the responsibility for this. I asked that County officers who engage with NH regularly to raise the state of the pond. They report that NH is aware of the concerns and has plans to address them. For example they are arranging a replacement of the life belt, and have removed 40+ chairs and other items from the pond. They do accept that litter is still a problem, and are committed to getting on top of the problem. Please do let me know if you notice further problems here.

Blocked footpath?

The latest report from Homes England provided to neighbouring Northstowe and Longstanton is that the Southern Access Relief Road West will be opened soon, they indicate July. All associated footways, cyclepaths and bridge have to wait for the road to be complete before they can open too.

The issue is that there are currently quite a few technical issues with Homes England's contractor Sisk spending time doing remediating works, and also a significant amount of necessary contracting has not concluded. Some detail about the problems include footpath failure (made worse by increasingly extreme weather conditions) along circa 2.5km, requiring complete reconstruction. As a result Cambridgeshire County Council are in the process of updating their footpath construction design standards to take account of changing climatic factors.

While Homes England recognise the importance of opening these facilities as soon as possible, it is equally important that this is when the site is ready and safe for public access. It is planned that the opening will be in mid-July. Needless to say we are watching this closely and will be working with County officers to ensure they keep to this timetable, if at all possible.

More about potholes

The Highways team is working intensively to get to grips with the pothole crisis. This is a national problem but nonetheless a huge effort is underway locally – for example the County Council has doubled the resources being put into this and staff are working flat out. One positive is that we will be using more effective technology to proactively fix potholes – scientifically identifying where potholes are likely to occur and addressing the defect so as to prevent a pothole appearing over next winter. It's much cheaper to fix potholes proactively before they appear, and it is less disruptive for all concerned. This will happen over the summer.





Free Will Service

Arthur Rank Hospice Charity has a refreshed version of its Gifts in Will booklet. If you would like a copy, please get in touch with Rachael **r.brown@arhc.org.uk**.

The charity relies on gifts in wills to help fund its care and the growing number of people it supports. Writing a will can be seen as a complicated or expensive process, and the Charity provides a free will service, find out about Farewill here **https://www.arhc.org.uk/fundraising/ways-to-remember/leave-a-gift-in-your-will/free-wills-service/**

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LGBT Bar Hill

Supporting the LGBT+ community in Bar Hill is essential for fostering inclusivity, acceptance, and equality. By creating a safe and welcoming environment for all individuals, regardless of their sexual orientation or gender identity, we promote diversity and celebrate the uniqueness of each person. LGBT+ Bar Hill provides a vital support network for those who may have faced discrimination or prejudice elsewhere, offering a sense of belonging and empowerment. It encourages open dialogue and understanding, challenging harmful stereotypes and promoting a more tolerant society. Embracing and affirming the LGBT+ community enriches the fabric of our community and strengthens our commitment to equality and human rights. We currently have over 2700 members but we are always looking for new members and additional Admins for our Facebook page.

Anthony Mitchell - Community Admin

Bar Hill Football Club

Welcome back to Bar Hill FC. Our Sunday side have had some disappointing results in Division 2 over the last month and, on Wednesday 10th May, we travelled to the Essex village of Clavering in what was a must win evening "relegation fixture".

With the game finely balanced at 1-1 at half time, we came out of the blocks well in the second half and goals from Adam Clarke and Chris Brown gave us a deserved 3-1 lead. The hosts kept battling and, after pulling a goal back, then equalised with 5 minutes to go. In the last minute, a sweeping move involving Matt Lee and Chris Brown put Callum Gawthrop through on goal. Callum was brought down just inside the penalty area - the "crowd" (I counted 9 people) were left in suspense as the referee deliberated but he eventually pointed to the penalty spot. The referee added to the tension by announcing that the penalty would be the last kick of the game and that there would be no "rebounds" if the keeper saved the penalty!! So no pressure on our brilliant centre half, Jonathan Barber (aka Joddsy), as he stepped up to cooly dispatch the penalty into the bottom right corner and the game was won. As I write this, we sit fourth from bottom in the table so we still need to secure more points to avoid relegation.

Big shout out to our managers - Lloyd Wills and Josh Davies - who have worked tirelessly to get a team out each week. We are looking for players for next season so if you are interested in playing for Bar Hill FC please contact me on the number below.

As mentioned in last months edition, we will also be running a Saturday team next season. I am pleased to announce that Sam Deards will manage the Saturday team. I am more than confident that Sam's leadership skills and all round knowledge of the game will result in a successful team - good luck Sam.

On Saturday 24th June (10.30 ko) we are staging a testimonial match for 2 Bar Hill FC "legends" on Bar Hill Village green. The game has been organised to recognise the contributions of Nathan Cash and Callum Gawthrop. Nathan starting playing for Bar Hill FC in the early 1990s - an extremely talented centre forward with a "wand" of a left foot. He has since managed a number of successful Bar Hill teams before resurrecting the club 3 years ago. As outgoing chairman, this is the very least we can do for Cashy. Callum has been one of the top centre forwards in local football for some years and has been a stalwart for Bar Hill FC over the last 20 years. Most importantly, they are both top lads and it has been an honour to wear the famous Bar Hill FC kit alongside you both. More from Bar Hill FC next month.

Up The Hill

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BHCA: PARKS & RECREATION

I have many fond memories from growing up in Bar Hill, for example, making swings in the willow trees, roller-staking by the garden centre, buying penny sweets from the newsagents, picking a video to rent from the video shop (or the van that used to come round in the evenings) however, most of my memories focus around the playground, as well as all the other little play areas around the village.

Do you remember the big blue slide and the silver climbing frames on the grass area out the back of Otter Garden/Otter Close, the climbing frame in Oatlands Avenue, the concrete tunnel by the dome climbing frame in Acorn Avenue or the trim trail that was placed all around the village green?

We still do have some great play equipment, the red roundabout, the A/B frame and the Jubilee park, however, the BHCA would like to see more.

The BHCA have started this by managing to secure funding for the Adventure Trail that has appeared in the wooded area, as well as the little wooden boat (we could have done with a real boat in that area in recent weeks!).

Our next step is to obtain funding to update the main playground (the area within the fence). The funding required for this will be substantially more than the adventure trail, but we believe it can be achieved. The existing playground is around 20 years old, which can be seen by the fading colours and the design of the dated equipment. This playground also lacks equipment for 2 year olds and younger, as well as equipment for children with accessibility needs.

We have approached two local play equipment companies, and they have created designs for a new playground. By scanning the QR code in this article, you will be able to view proposed designs. There is also a short survey, if you can complete this it would be appreciated, as then we will be able to gage which playground is the preferred option.

By updating the playground, it will make it accessible for all ages, bring a new lease of life to that area and help create more happy memories for the children of Bar Hill.

Jenni Foster-Smith

Trustee, BHCA

For more information (not to mention colour images), and to take part in the survey please visit **www.barhill-ca.org/activities/parks-and-recreation** or scan this QR code.

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It's been over 100 years since Girlguiding was established, and our members are still pushing boundaries and achieving great things.

How will your Girlguiding story start?

In Bar Hill, we have 2 Rainbow Units, 2 Brownie Packs and 1 Guide Unit. Recent activities include sleepovers, London Adventure weekend, and celebrating the King's Coronation. With the better weather around the corner (hopefully..) we will be spending more time out and about enjoying the great outdoors.

Would you like your daughter to learn skills for life while having fun with her friends?

To register your daughter: www.girlguiding.org.uk/information-for-parents/register-a-child/

Would you like to spend time volunteering for Girlguiding? – we can guarantee you will have as much fun as the girls!

To volunteer: www.girlguiding.org.uk/get-involved/become-a-volunteer/register-to-volunteer/

If you have any questions please contact Caroline Stevens – email caroline@overroad.co.uk

Bar Hill Village Hall

The Hall was first built in 1978 for use by the residents of the village as a social centre; a place to meet and to hold educational and recreational classes for the community. This founding principle is the corner-stone of the Village Hall's life today, with hundreds of members of the local community using the buildings every week, including a number of regular hirers based both within the village and the surrounding area.

Facilities and Governance

The site has undergone various small extensions and a complete rebuild over the years to continually improve the facilities such as the provision of WiFi.

The large Main Hall has multi-purpose vinyl flooring, making it flexible for all types of events. There is a kitchen alongside the Hall with a serving hatch, making it useful for self-catering at parties, discos and the like. The licensed bar can be booked on request and will be serviced by the Sports and Social Club. The Hall opens out onto a large patio area that is ideal for external activities or a spill-over for internal events and has two bolted gates that lead off the premises.

There is also a small Meeting Room, with its own independent access and great for meetings of up to 10 people.

The Village Hall is a UK-registered charity (number 1002579) and run by a committee of trustees who are committed to the on-going development of the Village Hall's role as a key community facility.

To make a booking, please visit our web site **barhillvillagehall.com** and then email **enquiries@barhillvillagehall.com** to confirm arrangements.

Alternatively, call **01954 782414** and leave a message. We aim to return calls within 24hours (Monday to Friday).

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Correspondence

For any correspondence please contact the Clerk in the first instance on **clerk@barhill-pc.gov.uk** or **01954 780456**.

Trip Hazards

Bar Hill Parish Council would like to ask all residents to please check behind your fences for any hazards or trip hazards on a regular basis. Please report any hazards on Parish land to the Clerk

Parish Office Opening Hours

The Parish Council Office will be open Monday to Friday 09.30-11.00, but appointments can be made outside these times by prior arrangement.

Grass cutting

Our grass cutters are starting to cut the grass around the village. Please could residents help by keeping the grassed areas free of obstacles and ensuring vehicles are not left close to or on the grass causing obstruction for access by mowers, or potential for damage by grass cuttings for debris. In these cases, the contractor will have to leave these areas uncut. We hope all our green spaces are looking neat and tidy for everyone to enjoy.

Flytipping

It has come to the attention of the Council that flytipping has been going on around the village. If the responsible person(s) cannot be found the clear up falls to the council. The costs for removal are then payable by the council from taxpayers money. Please could residents dispose of their waste correctly.

Purchasing your freehold

If you would like purchase the freehold on your property please contact the Clerk for more information.

Next Meeting Dates

Environment & Amenities Committee: 7 June 2023

Full Council: 15 June 2023



Wildlife gardening in June.

June is another busy month for garden wildlife. Birds are foraging for caterpillars to feed the chicks, while bees, wasps, moths, butterflies, and Other pollinators will be making the most of flowering plants and sunshine. At night, hedgehogs scour our borders for caterpillars and beetles for the young back in the nest.





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Bar Hill Primary School

PTA SUMMER FAYRE – 23rd June

Bar Hill School PTA is hosting their annual Summer Fayre on Friday 23rd June from 3pm. This year we would like to make it a whole community event. If you are a local business that would like a stall please get in contact via pta@barhillprimary.org All proceeds will go back into the school and be used to support funding for special events, resources and curriculum enrichment. We hope that you will all come along and support this event.

On the 5th May we celebrated the Coronation of King Charles III with a special picnic lunch. The British weather meant that it was an indoor picnic but the children really enjoyed it especially the special coronation cake made by our catering team. We have also enjoyed Wellbeing Day which started with a leisurely 3km run and we were very impressed with the determination of all of the children to complete it. The rest of the day was spent with calming, creative and mindful activities based on the children's interests. Every class also painted resilience rocks with positive messages on which have been placed around the village for you all to see.

Back in March we welcomed mums into school to enjoy a special Mothers' Day Lunch with their child(ren). We served over 150 lunches and once again, our catering team have received great feedback on the food served.

We've also had a busy few months with Sports competitions. Some of our Year 3 and 4 children took part in their first tennis festival in Cambourne. They did really well, had fun, and gained so much confidence participating in 9 different activities throughout the afternoon. Congratulations to the children who won the Spirit of the Games award for their continuous enthusiasm and hardworking attitude. What a super achievement! 11 of our year 5/6 children represented our school in the Netball Finals at Comberton Village College. It was a fantastic afternoon of sport involving sixteen teams representing different schools in South Cambridgeshire. The children enjoyed being able to represent our school and were able to play in all positions on the court. They played with great spirit and encouraged each other throughout all of the matches. Their enthusiasm and sportsmanship was commended and they were awarded the Spirit of the Games Award, due to them demonstrating the Spirit of the Games Values! They also took part in a Tag Rugby tournament in Shelford. The children played brilliantly and won two of their matches! We are very proud of the whole team. Well done!



Meridian Trust

Bar Hill Indoor Bowls Club

After the break due to covid restrictions we are back to playing bowls again.



We meet in the school on Friday evenings during term time only from 7.30 pm to 10pm with a 1/2 hour break for coffee. We are a very friendly group and we would love to have some new members. It doesn't matter if you have never played before just come along and join us one Friday, the cost is £2 per week but the 1st week is free.

So why not come along and give it a try?

If you would like more information please contact me on **01954 204171 / 07847 327709** or **barbara.page@live.co.uk**

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The Royal British Legion is open to anyone who would like to become a member. You do not have to have served to join. We are there to support all ex-service personnel.

If you would like to join, please either come along to a meeting or contact Wendy Arrowsmith on **01954 781381** or Malcolm Cox **01954 488657**.

Our meetings for 2023 will be held in The Meeting room of the Octagon at 7.30pm on the following Thursday's: 22nd June, 28th September and our AGM on 26th October.

We are hoping to purchase a Remembrance bench for the village and are asking for donations towards the cost we already have a few but need more. If you would like to make a donation, please contact Maggie Cox on **01954 488657**. The bench will be in memory of all the Royal Legion members we have sadly lost over last few years.

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Tuesday: 2 – 5pm

Thursday, Sunday: Closed

Friday: 2 – 5pm

Saturday: 9.30 – 12.30pm

We look forward to seeing you there!

Need help with your bus pass?

If you want help applying for a bus pass, or renewing it, drop by Bar Hill Library and we'll help you, including by taking a suitable photo.

If you're applying for a concessionary bus pass for the first time you may need your national insurance number, proof of age or disability, and proof of address. Please see the council website for details (**https://bit.ly/3ztSmX9**).

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Report Potholes/ Highway Issues

Cambridgeshire County Council is (mostly) responsible for the roads and paths in the village. By far the easiest way to report an issue (or check to see if the issue has already been reported) is to use the County Councils website's Highways Reporting Tool (see **bit.ly/bh-highwaysfault**).

Faults reported in this way will be assessed within 10 working days.

If the problem is an emergency then the reporting process is slightly different. Examples of highways emergencies could include:

- Manholes or gratings that are missing or substantially damaged
- Traffic signalled junctions or crossing, all lights out, damaged street lights, traffic signals, lit bollards and lit signs where wires are exposed
- Debris, including mud, stones or oil on the road
- Fallen tree or branch blocking part or all the road or path
- Extensive flooding resulting in road being impassable
- Large dead animals - eg cattle / deer / horse causing obstruction
- Overhead cables fallen across the highway
- Potholes - only deep potholes on busy A roads and main distributor roads that cause a danger to the public will be treated as an emergency
- Road signs, safety fences, guardrails and other street furniture damaged so they are a direct danger or obstruction to the travelling public - for example if it's bent into the path of vehicles
- Structure collapse - for example, bridge / culvert / wall / fences / scaffold / hoarding

If you believe the situation qualifies as an emergency then Highways team can be reached on 0345 045 5212 (during office hours - 9am to 5pm, Monday to Friday) or contact the police on 101.



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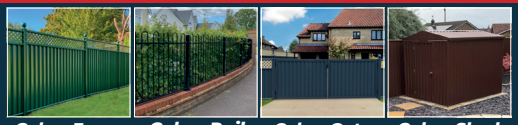
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PlayPals



Weekly playgroup sessions for babies and preschool children

A range of toys and play equipment with fun activities including crafts, singing, sensory play and story time

Thursday Morning 9:45-11:15am*
at the Octagon, Bar Hill

*term time only

Taster session Free, Further sessions - under 1 £2, over 1 £3, 2 or more children £4 refreshments and snacks included

We look forward to seeing you at our next session

Bar Hill Childminders

Bar Hill Childminders are all graded ‘Good’ on their latest inspections, are fully insured and have Paediatric First Aid training. We offer quality, caring, home from home care with a wide range of exciting experiences for the children, both within our settings and the local community.

We regularly go on walks, outings and attend local groups to help the children socialise. We find having a wide range of ages benefits all the children in our care, it helps the younger children’s confidence and encourages the older children to be patient and understanding with the younger children, helping them learn and progress.

We accept the 2,3 and 4 year funding and the Government Tax Free Childcare payments.

As we are busy during the day with the children, please text us your enquiry with details of your requirements and we will contact you as soon as possible with our up to date availability and hourly rates.

Jacky – **07718447998** – ages 6 months upwards. Tern time and all year round care offered. Spaces expected from Sept 2023.

Kirsten – **07906218070** – ages 6 months upwards. Term time only and all year round care offered.

Kirsty – **07584168909** – Over the hill Out of School Club – Pre-school year upwards. Wrap around and holiday care offered.

For King Charles Coronation we made special bunting using our handprints, we then used them to decorate the meetings room for our special Coronation party. We wore crowns we had decorated and enjoyed lots of yummy party food with our friends.

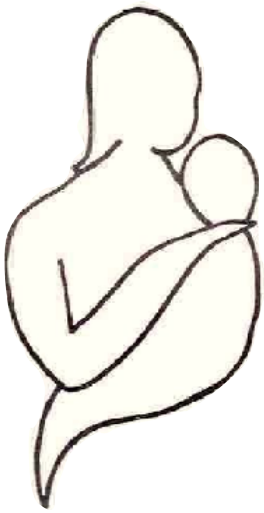
During May we will be learning about how things grow and life cycles, we will plant seeds and care for them. One of the seeds we will plant will be sunflower seeds and we will be measuring our heights to see how much taller than us they grow. We'll also put beans in clear pots so we can watch the roots grow to, this will help us understand how plants stay strong in the ground as they grow. And we will have special caterpillars arriving, they are tiny but grow really fast before they turn into chrysalis and hatch into butterflies.



FRIENDS OF THE ROSIE

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We would like to wish all the fathers a happy fathers day with their families, and all the very best of health throughout 2023.



We are sharing our extensive catalogue on our facebook page **https://www.facebook.com/RosieinStitches/** so you can grab yourself locally sourced, unique, beautifully crafted gifts for special friends and family.

Come and see us in person at

- Bar Hill Fete & Festival on the village green Saturday 8th July
- Waterbeach Community Market at Waterbeach Barracks 10am-3pm on Sunday 17th September

Thank you for your support at The Rosie Hospital International Day of the Midwives and the Waterbeach Community Market, bringing our fundraising in 2023 up to £800.

We are continuing to accept donations of unwanted crafting materials for our crafters to use or for us to sell on eBay. We are still recruiting new crafters to our team.

New members are always welcome, whether to join our committee, contribute financially, to join our team of crafters or display a small selection of our wares. Contact Mary Sanders on 01223 356615. Further details are given on our website **www.rosieinstitches.org.uk**.

Thank you for your continued support.

Stay safe

Avril Williams **01954 782431**

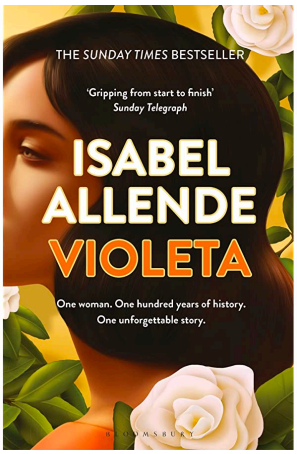
avril@rosieinstitches.org.uk

and Jo Hall **01954 780304**

Bar Hill Ladies Book Club

Meeting Monthly

Next meeting: Tuesday 20th June



Bar Hill Sports & Social Club – 7.30pm

We are a friendly group of ladies who love to read & share our opinions & thoughts.

Please join us , you will be so welcome.

For more details please email **sheilafarrar@hotmail.co.uk** or call/text **07920 558319**

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NHS

New baby registrations

New parents are advised to register their baby at their earliest convenience. Your baby will need an 8 week check with the GP, therefore registration as soon as possible after birth is advised in case your child requires GP treatment in the meantime.

You can collect registration packs from reception or request postage to your home address. Forms can also be collected before birth when you attend your next midwife appointment.

Extended Access Appointments

Our patients have access to evening and weekend appointments at Nuffield road Medical Centre in Cambridge, Comberton Surgery, St Mary's Surgery in Ely, Royston Health Centre and Over Surgery.

You can book an appointment through our receptionists who will give you the time, date and venue for your appointment. These are for non-urgent, routine appointments only.

You will be given a choice on when you would like to book your appointment and information on where to go.

Services offered within the Extended Access are -

- GP Consultations
- Advanced Nurse Practitioner consultations
- Nurse appointments offering dressings, asthma and diabetes reviews, contraception reviews, etc.
- Health Care Assistant appointments offering ear irrigation, wound care, blood test, etc
- Phlebotomy: Routine blood tests are available within Extended Access Clinics
- Cervical Screening

Please note that your consent for their clinician to view your medical record will be required in order for an appointment to be booked for you.

Extended access appointments are not suitable for patients identified with a potentially life-threatening medical condition which required referral to urgent or emergency care settings. Walk-in patients are also not accepted.

For support with the management of minor ailments, please contact your local pharmacist or visit the NHS website

Carers Meeting

If you are a carer for someone and need advice and financial or emotional support, please come along to our carers support meeting on Weds 7th June at Willingham Surgery, where we will be holding a drop in meeting between 2pm and 4pm. Please come along and get some support from other people in the local community. Refreshments provided, no need to pre-book and completely FREE! Face coverings are advisable.

Meetings will then be held on the first Wednesday of every month at Willingham Surgery. Please contact Sue Lawson at the surgery or email her at **susan.lawson7@nhs.net** for more information.



BE PART OF RESEARCH

https://bit.ly/43xPAN5

Bar Hill Cricket Club

We had a frustrating start to the season as our first game fell victim to the early May wet weather – hopefully by the time you read this, we will have had a few games under our belts!

In fact, we have three home matches in the Cambridgeshire Cricket Association Junior League Division 4W to look forward to in June – see below for all our fixtures.

In addition, we are busy in the Cambridge Business Houses League – the midweek evening league.

We hold training sessions on the village green every Thursday (5.30-7.30pm). All current and prospective members of any standard and experience are welcome.

If you can't make it but are interested in playing, contact us via **info@barhillcricket.org.uk**

Thanks for all those who supported our fundraising quiz at the Sports & Social Club in May, helping us to keep the club going!

You can also visit barhillcricket.org.uk or our Facebook page for the latest information.

June fixtures

Saturday 3rd: Cambridge NCI IV (H, league)

Wednesday 7th: Eastern Learning Alliance (H, midweek)

Saturday 10th: Northstowe (H, league)

Monday 12th: Eclectic Recruitment (H, midweek)

Saturday 17th: Comberton (A, league)

Tuesday 20th: Histon Development (H, midweek)

Saturday 24th: Comberton (H, league)

Tuesday 27th: British Antarctic Survey (A, midweek)

Paul Stimpson

201212 | info@barhillcricket.org

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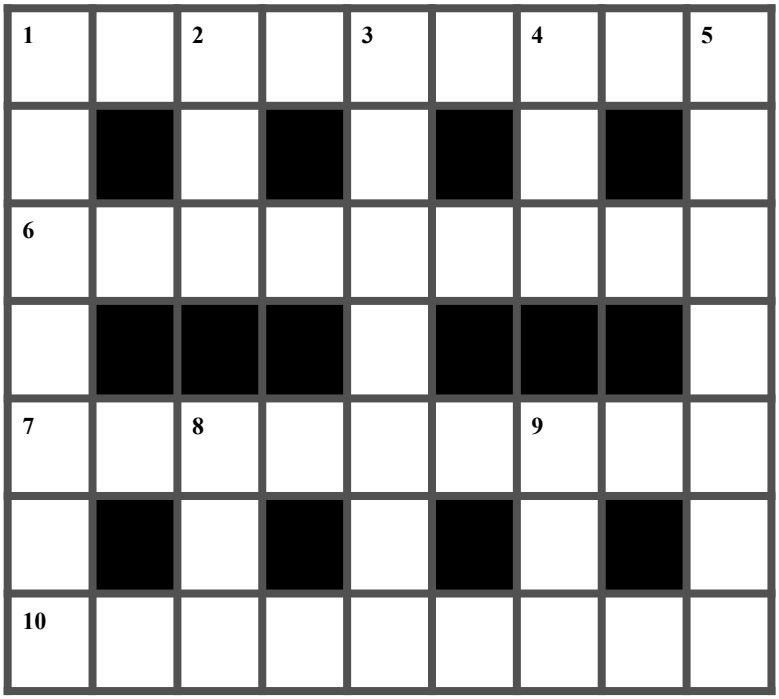
Tuesdays & Thursdays at 7pm from The Octagon

More and booking: linktr.ee/rfyl

Memorial Garden - June 2023

Shortly you will see an extension to the bow top fencing, extending it to the spinal path. Unfortunately, many of you may have noticed the deterioration in the sleepers on the exterior of the two flower beds. We plan to replace these in due course. However, this is going to be very expensive. It is hoped to replace with oak sleepers which will last longer. We have looked at Recycled Plastic but as yet they seem more expensive. A provisional estimate is £2500 for materials alone if we remain with wood. Other alternatives such as bricking or using a plastic type material are also being looked at. As soon as we know a more accurate cost, we will issue an appeal. If there is a Market Gardener who can offer expertise your advice would be most appreciated.

Should you wish to place a Memorial Plaque then contact Chris Stannard on **01954 781978** or **07711 623425**. Email **c.e.stannard1 @gmail.com**



PUZZLE - June 2023

Across- 1.Spring flowers. 6.put in hand. 7.waters. 10.wins------ (easily).

Down 1.-----Legion.2.---& downs. 3.spans over. 4.meadow. 5.existing child of new partner. 8.rushed. 9. also.

Looking for opportunities to volunteer? Want to use or develop new skills? Computing, English, Marketing, … ?

BHCA

We'd love to hear from you at the Bar Hill Community Association (BHCA). Please get in touch:

volunteering@barhill-ca.org
07814 871 752

FOR SALE for Happy Hours/Knit and Natter

WINMAU dartboard. Old but has never been used. £5

Lightweight 6 wheeler shopping trolley. Large blue canvas bag within metal framework. Bag measures 57cm deep x 35.5 x 33cm (22.5 x 14 x 13in). Height adjustable pushbar. Empty trolley collapses to almost flat for easy storage/transport. **£10**

A green 3 wheeler Winnie Walker rollator with small triangular detachable bag. Bag measures 28 cm deep x 30 x 26 x 26cm. Adjustable height handle bars. Has brakes. Walker folds down for easy storage/transport. **£10**

Contact email: anne@rwp10.plus.com or Tel: **01954 780364** (answerphone)

BAR HILL POST OFFICE

The opening hours for the post office are;

Mon, Wed, and Fri 09:00-17:30

Tue 09:00-14:30

Thu 09:00-12:30

Sat 09:00-12:15

Sun Closed

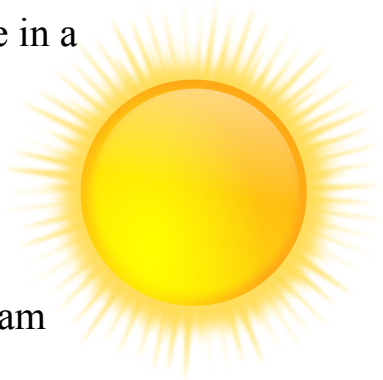
Much more than just a Post Office we also offer Car Tax, Banking services, FREE cash withdrawals, Foreign Currency (including Euros in stock), Gas/ Electric key top-up, vaping products, ice creams, as well as a small grocery section!

PLEASE SUPPORT YOUR LOCAL POST OFFICE

Staying Safe in the Heat (when it arrives!)

Here are some top ways, as suggested by the NHS, for how to stay safe in the summer heat:

- Look out for others, especially older people, young children and babies and those with underlying health conditions
- Loose curtains on rooms that face the sun to keep indoor spaces cooler and remember it may be cooler outdoors than indoors
- Drink plenty of water as sugary, alcoholic and caffeinated drinks can make you more dehydrated
- Never leave anyone in a closed, parked vehicle, especially infants, young children or animals
- Try to keep out of the sun between 11am to 3pm
- Take care and follow local safety advice, if you are going into the water to cool down
- Walk in the shade, apply sunscreen and wear a hat, if you have to go out in the heat
- Avoid physical exertion in the hottest parts of the day
- Wear light, loose fitting cotton clothes
- Make sure you take water with you if you are travelling



For more information please visit: **https://www.nhs.uk/.../heatwave-how-to-cope-in-hot-weather/**





BAR HILL VILLAGE FÊTE & FESTIVAL IS COMING ON SATURDAY 8TH JULY @ 2 PM

For more information please see **www.barhill-ca.org** (under Activities > Fête & Festival). Stalls can be booked via **fetebookings@barhill-ca.org**